Allergens – legend

The 14 major allergens under Annex II of Regulation (EU) No 1169/2011

The letters on our buffet cards mean:

A	**Cereals containing gluten**	Wheat (incl. spelt and khorasan wheat), rye, barley, oats, hybridised strains of these cereals and products thereof
B	**Crustaceans**	Prawns, shrimps, scampi, crabs, crayfish, lobster, spiny lobster, products thereof
C	**Eggs**	Hen's eggs and eggs of other poultry, egg white, yolk, whole egg powder, products thereof
D	**Fish**	All fish species (e.g. salmon, tuna, cod, anchovies), fish sauce, fish stock, fish oil as an ingredient, products thereof
E	**Peanuts**	Peanuts (botanically legumes), peanut butter, peanut flour, peanut oil, products thereof
F	**Soybeans**	Soybeans and edamame, tofu, tempeh, miso, soy milk, soy sauce, soy protein, soy flour, soy lecithin (E 322 from soy)
G	**Milk**	Milk from cows, sheep, goats and other animals, lactose, butter, cream, cheese, yoghurt, quark, ghee, whey, milk protein (casein) and products thereof
H	**Tree nuts**	Almonds, hazelnuts, walnuts, cashews, pecans, brazil nuts, pistachios, macadamia (Queensland) nuts, products thereof
I	**Celery**	Celeriac, celery stalks, celery seeds and leaves, celery salt and products thereof
J	**Mustard**	Mustard seeds, mustard flour and powder, prepared mustard, mustard leaves and products thereof
K	**Sesame seeds**	Sesame seeds (white and black), sesame oil, tahini (sesame paste), products thereof
L	**Sulphur dioxide and sulphites**	Sulphur dioxide (E 220), sulphites such as sodium sulphite, sodium bisulphite, sodium and potassium metabisulphite (E 221–E 228), to be declared above 10 mg/kg or 10 mg/l, expressed as total SO2 in the ready-to-eat product
M	**Lupin**	Lupin seeds (sweet lupin), lupin flour and lupin protein, products thereof
N	**Molluscs**	Mussels, clams, scallops, oysters, squid, calamari, octopus, snails, products thereof

Letter codes are not legally standardised. If you have questions about allergens, please ask our service staff.